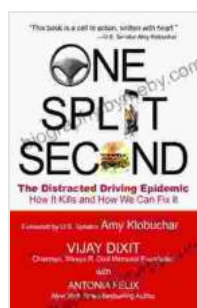


# The Distracted Driving Epidemic: How It Kills and How We Can Fix It

By [Author's Name]

Distracted driving is a major problem that kills thousands of people every year. According to the National Highway Traffic Safety Administration (NHTSA), there were over 3,000 fatal crashes in 2017 that involved distracted drivers. That's more than 10 people killed every day.

Distracted driving is any activity that takes your attention away from driving, including texting, talking on the phone, eating, drinking, or adjusting the radio. Even looking at a GPS device can be distracting.



## One Split Second: The Distracted Driving Epidemic - How It Kills and How We Can fix It by Antonia Felix

★★★★☆ 4.9 out of 5

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When you're distracted, you're more likely to make mistakes, such as:

- Speeding

- Tailgating
- Running red lights
- Drifting out of your lane
- Crashing

Distracted driving is a serious problem, but it's one that we can fix. There are a number of things that we can do to reduce distracted driving, including:

- Putting away your phone while driving
- Setting your GPS before you start driving
- Eating and drinking before you get in the car
- Avoiding other distractions, such as talking to passengers or adjusting the radio

We can also help to reduce distracted driving by speaking out against it. If you see someone driving distracted, say something. You could save a life.

Distracted driving is a problem that we can solve. By working together, we can make our roads safer for everyone.

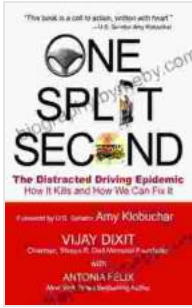
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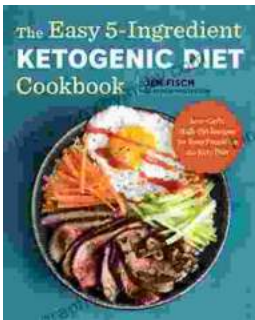
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