

# The Crane Diaries: Reflections on Loss, Grief, and Healing

In the wake of a profound loss, Apryl Baker embarked on a literary and artistic journey that culminated in the creation of *The Crane Diaries*. This deeply personal and moving work is a collection of prose, poetry, and stunning photography that explores the complex emotions and experiences that accompany the grieving process.



## The Crane Diaries: Reflections by Apryl Baker

★★★★☆ 4.9 out of 5

Language : English  
File size : 3141 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 269 pages  
Lending : Enabled



Baker's writing is raw and honest, yet imbued with a sense of hope and resilience. She delves into the depths of her own grief, capturing the pain, the anger, and the longing that follow the death of a loved one. But she also finds moments of beauty and grace in the midst of her sorrow, offering readers a glimpse of the healing that is possible even in the darkest of times.

The photographs in *The Crane Diaries* are as evocative as the writing. Baker's lens captures the beauty of the natural world, from the delicate petals of a flower to the vast expanse of the sky. These images serve as metaphors for the grieving process, offering a visual representation of the pain, the hope, and the healing that Baker experiences along the way.

*The Crane Diaries* is a powerful and moving work that offers readers a unique perspective on the grieving process. Baker's writing is honest, raw, and deeply moving, while her photographs provide a stunning visual backdrop for her journey. This book is a must-read for anyone who has experienced loss or is seeking hope and inspiration in the face of adversity.

### **Praise for *The Crane Diaries***

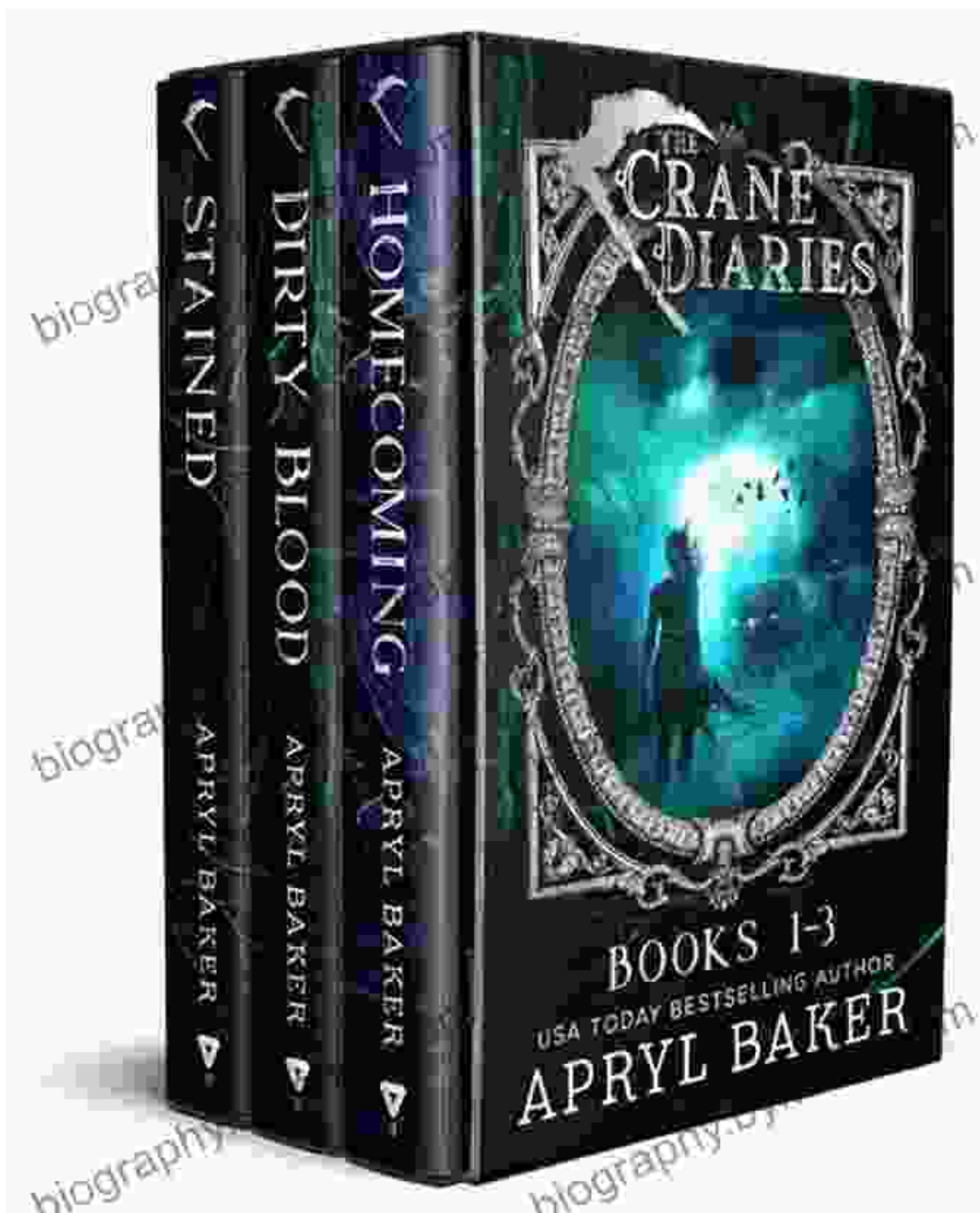
"*The Crane Diaries* is a beautifully written and deeply moving meditation on loss, grief, and healing. Apryl Baker's words and photographs capture the complexities of the grieving process with honesty, rawness, and hope. This book is a must-read for anyone who has experienced loss or is seeking to understand the human experience of grief." — **Megan Devine**, author of *It's OK That You're Not OK*

"Apryl Baker's *The Crane Diaries* is a powerful and moving exploration of loss, grief, and healing. Through prose, poetry, and stunning photography, Baker takes readers on a journey through the depths of her own sorrow, offering a glimpse of the beauty and grace that can be found even in the darkest of times. This book is a must-read for anyone who has experienced loss or is seeking hope and inspiration in the face of adversity." — **David Kessler**, *New York Times* bestselling author of *On Grief and Grieving*

"*The Crane Diaries* is a beautiful and heartbreaking exploration of grief and loss. Apryl Baker's writing is raw, honest, and deeply moving. Her photographs are equally stunning, capturing the beauty and fragility of the natural world. This book is a must-read for anyone who has experienced loss or is seeking to understand the human experience of grief." — **Sarah Noffke**, author of *Lost and Found*

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*The Crane Diaries* is available in hardcover, paperback, and eBook formats. Free Download your copy today from your favorite bookseller or online retailer.



**Apryl Baker** is a writer, photographer, and speaker. She is the author of *The Crane Diaries* and *The Gift of Grief*. She is also the founder of the Grief and Loss Support Group at the University of California, San Diego.

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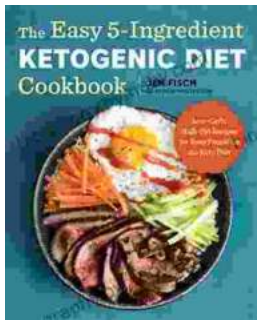
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