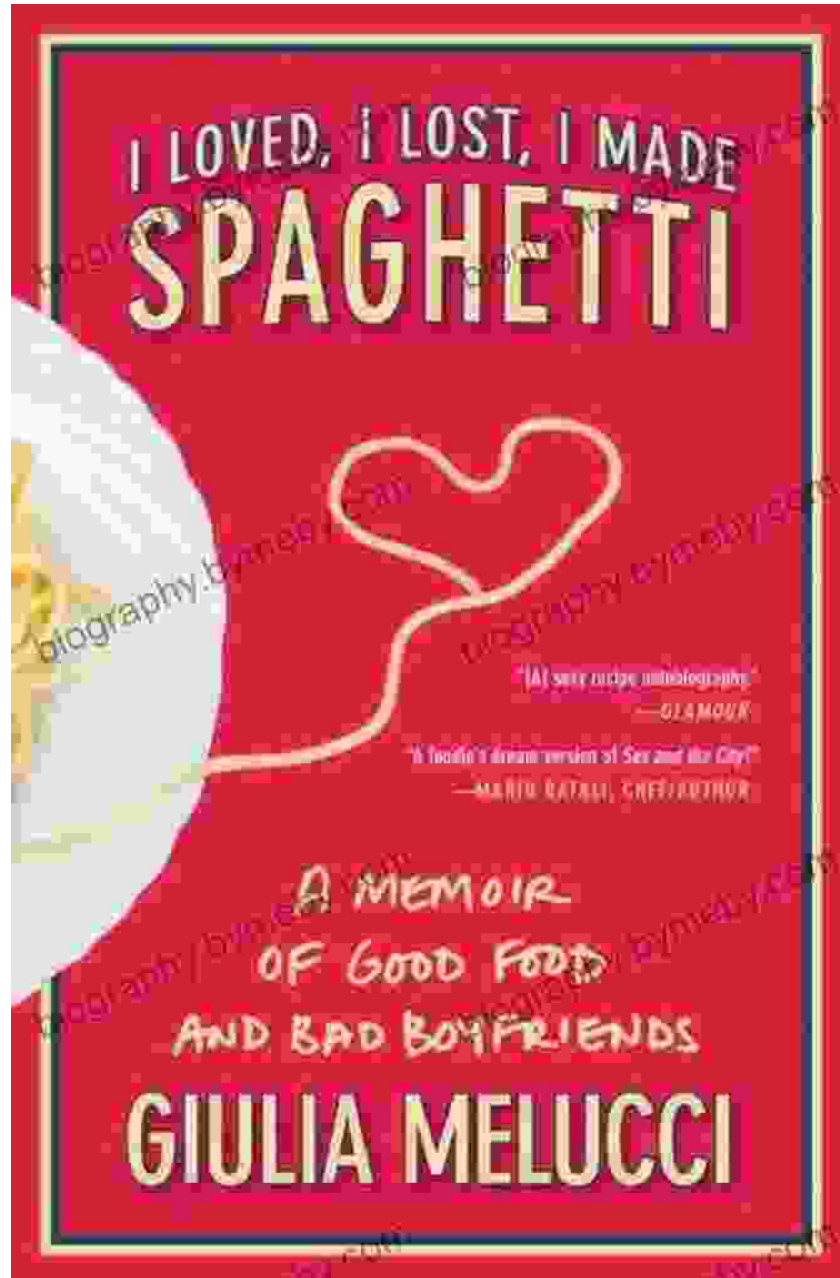


Loved, Lost, Made Spaghetti: A Memoir of Food, Friendship, and Finding Yourself



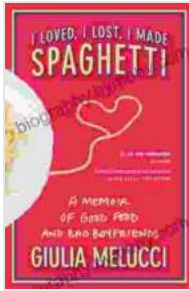
I Loved, I Lost, I Made Spaghetti by Giulia Melucci

★★★★☆ 4.1 out of 5

Language : English

File size : 429 KB

Text-to-Speech : Enabled



Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 300 pages



In her memoir, *Loved, Lost, Made Spaghetti*, author Sarah Jio tells the story of her journey of self-discovery after a heartbreak. The book is full of humor, heartbreak, and hope, and it will resonate with anyone who has ever loved and lost.

Sarah Jio's story begins with the end of her marriage. After ten years of being together, her husband leaves her for another woman. Sarah is devastated, and she doesn't know how she's going to pick up the pieces of her life.

But Sarah is a strong woman, and she's determined to find happiness again. She starts by making a list of all the things she loves, and one of the things at the top of her list is food.

Sarah starts cooking, and she finds that it's a great way to express herself. She cooks for her friends, her family, and herself. And through cooking, she starts to find her way back to herself.

Loved, Lost, Made Spaghetti is a story about heartbreak, but it's also a story about hope and healing. It's a story about how one woman found her way back to herself after losing the love of her life.

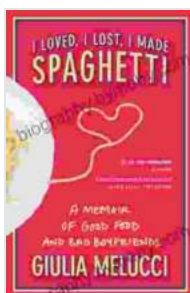
What others are saying about Loved, Lost, Made Spaghetti:

- "Loved, Lost, Made Spaghetti is a beautifully written and deeply moving memoir. Sarah Jio's story is one that will resonate with anyone who has ever loved and lost." - **Kristin Hannah, New York Times bestselling author of The Nightingale**
- "Sarah Jio is a gifted storyteller, and Loved, Lost, Made Spaghetti is her best work yet. This book is a must-read for anyone who has ever been heartbroken." - **Jodi Picoult, New York Times bestselling author of My Sister's Keeper**
- "Loved, Lost, Made Spaghetti is a heartwarming and inspiring story. Sarah Jio's writing is honest and raw, and her story is one that will stay with you long after you finish reading it." - **Emily Giffin, New York Times bestselling author of Something Borrowed**

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Thank you for reading!



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