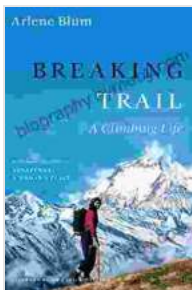


# Breaking Trail: A Life of First Ascents and Adventure

Lisa Drew is one of the world's most accomplished climbers. She has summited Mount Everest, K2, and Annapurna, three of the world's most challenging peaks. She is also the first woman to climb the Seven Summits, the highest peaks on each continent. Drew's story is one of determination, perseverance, and passion. Breaking Trail is her inspiring memoir, a must-read for anyone who loves climbing, adventure, or simply a good story.

## Early Life

Lisa Drew was born in 1960 in New Jersey. She grew up in a small town and was always interested in the outdoors. She started climbing in her early twenties and quickly developed a passion for the sport. Drew's early ascents included some of the most challenging climbs in the United States, such as El Capitan in Yosemite Valley and Half Dome.



## Breaking Trail: A Climbing Life (Lisa Drew Books (Hardcover)) by Arlene Blum

★★★★☆ 4.6 out of 5

Language : English  
File size : 2408 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 400 pages



## First Ascents

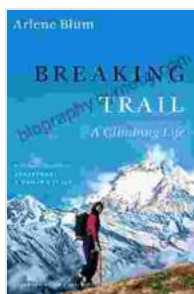
In 1994, Drew made her first ascent of Mount Everest. She was the first American woman to summit Everest without supplemental oxygen. Drew's ascent of Everest was a groundbreaking achievement and helped to pave the way for other women climbers. In the years since her Everest ascent, Drew has made first ascents of some of the world's most challenging peaks, including K2, Annapurna, and Gasherbrum I.

## Seven Summits

In 2005, Drew became the first woman to climb the Seven Summits, the highest peaks on each continent. Drew's Seven Summits project was a major undertaking that took her several years to complete. She climbed Mount Everest twice, once without supplemental oxygen, and also summited K2, Annapurna, Gasherbrum I, Mount Vinson, Mount Denali, and Mount Kilimanjaro.

## Breaking Trail

Breaking Trail is Lisa Drew's inspiring memoir. The book tells the story of her life, from her early days as a shy teenager to her groundbreaking ascents of some of the world's most challenging peaks. Breaking Trail is a must-read for anyone who loves climbing, adventure, or simply a good story.



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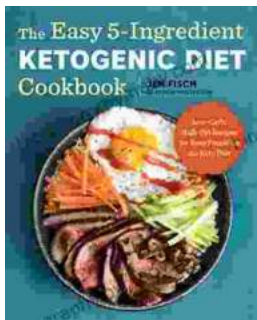
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