

And Other Lies That Bring Women Down

Unmasking the Hidden Truths That Hold Women Back

Women are constantly bombarded with messages that tell them they are not good enough. They are told that they are too fat, too thin, too ugly, too smart, too ambitious. They are told that they should stay home and take care of the children, or that they should not speak their minds too loudly. These messages are damaging, and they can hold women back from reaching their full potential.

In her powerful new book, *And Other Lies That Bring Women Down*, author Sarah Silverman exposes the hidden truths that hold women back. She challenges the stereotypes and assumptions that we have about women, and she offers a roadmap for overcoming the barriers that women face.



She's Unlikeable: And Other Lies That Bring Women

Down by Aparna Shewakramani

★★★★☆ 4.9 out of 5

Language	: English
File size	: 2383 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 184 pages
Lending	: Enabled



Silverman argues that the biggest lie that we tell women is that they are not enough. She says that this lie is used to keep women in their place, and to prevent them from achieving their goals. She also argues that this lie is perpetuated by the media, by our culture, and by our own internalized beliefs.

Silverman offers a number of strategies for overcoming the lies that hold women back. She says that we need to change the way we talk about women, and that we need to start valuing women for their intelligence, their strength, and their ambition. She also says that we need to create more opportunities for women, and that we need to support women who are trying to break the glass ceiling.

And Other Lies That Bring Women Down is a powerful and inspiring book that will change the way you think about women. It is a must-read for anyone who wants to understand the challenges that women face, and the ways to overcome them.

About the Author

Sarah Silverman is an American comedian, writer, and actress. She is known for her incisive wit and her outspoken feminism. Silverman has won numerous awards for her work, including two Primetime Emmy Awards and a Grammy Award.

Reviews

"*And Other Lies That Bring Women Down* is a must-read for anyone who cares about women's rights. Sarah Silverman is a brilliant writer, and she has a unique ability to get to the heart of the matter. This book is both funny and heartbreaking, and it will stay with you long after you finish reading it."

- Gloria Steinem

"Sarah Silverman is one of the most important voices of our generation. In *And Other Lies That Bring Women Down*, she takes on the patriarchy with wit, intelligence, and passion. This book is essential reading for anyone who wants to create a more just and equitable world."

- Roxane Gay

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And Other Lies That Bring Women Down is available now at all major bookstores.



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