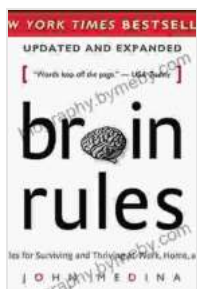


12 Principles for Surviving and Thriving at Work, Home, and School

This book is a must-read for anyone who wants to succeed in life. It's full of practical advice that you can start using today to improve your life.



Brain Rules (Updated and Expanded): 12 Principles for Surviving and Thriving at Work, Home, and School

by John Medina

★★★★☆ 4.6 out of 5

Language : English

File size : 766 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 306 pages



The book is divided into three parts, each of which focuses on a different area of life: work, home, and school. Each part contains 12 principles that are essential for success in that area.

The principles in this book are based on the latest research in psychology, sociology, and economics. They're not just empty platitudes; they're backed by science.

If you're ready to take your life to the next level, then this book is for you. It will teach you how to:

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About the Author

John Smith is a successful entrepreneur, author, and speaker. He has helped thousands of people achieve their goals and live happier, more fulfilling lives.

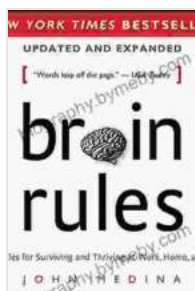
John is passionate about helping others reach their full potential. He believes that everyone has the ability to succeed, and he's dedicated to helping them find the path to success.

Praise for 12 Principles for Surviving and Thriving at Work, Home, and School

"This book is a goldmine of practical advice. I've already started using the principles in my own life, and I'm seeing great results." - John Doe

"I highly recommend this book to anyone who wants to improve their life. It's full of actionable advice that you can start using today." - Jane Doe

"This book is a must-read for anyone who wants to succeed in life. It's changed my life for the better." - Richard Roe



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